



# EMERGENCY MEDICAL RESPONDER (EMR)

## LAB MANUAL

STUDENT NAME: \_\_\_\_\_

SOEMST LMS NUMBER: \_\_\_\_\_

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# EMERGENCY MEDICAL RESPONDER LAB BOOK

The following skills are all lab skills, including required and optional, needed to successfully complete your EMR Initial Education Program. Note each skill has listed a number of Peer Reviews and 2 Instructor Reviews. It is encouraged for students to practice the lab skills and utilize the Peer Reviews more than the required minimums to be fully prepared for the Instructor Reviews. When instructors are teaching a skill/procedure to the students, the required 6:1 ratio of students to instructors must be met. Each lab session should have sufficient equipment (and related supplies) available so that each student group (6 or less students) has access to the needed equipment/supplies necessary for the skill(s) they are learning.

Page	Lab Skill	Peer Reviews	Instructor Review	Total
	<i>i.e. Handwashing</i>	<b>2</b>	<b>2</b>	<b>4</b>
6	Donning & Doffing of PPE Gown, Gloves, Mask & Goggles/Face Shield	<b>2</b>	<b>2</b>	<b>4</b>
8	Long Spine Board Diamond Carry	<b>1</b>	<b>2</b>	<b>3</b>
9	Direct Ground Lift	<b>1</b>	<b>2</b>	<b>3</b>
10	Scoop Stretcher	<b>2</b>	<b>2</b>	<b>4</b>
11	Stair Chair	<b>2</b>	<b>2</b>	<b>4</b>
12	<b>Stretcher Operations Manual/Automatic</b>	<b>4</b>	<b>2</b>	<b>6</b>
13	<b>Lifting and Transferring a Patient to a Stretcher</b>	<b>4</b>	<b>2</b>	<b>6</b>
14	Powerlift	<b>2</b>	<b>2</b>	<b>4</b>
15	Moving a Patient using the Drawsheet Method	<b>4</b>	<b>2</b>	<b>6</b>
16	Transfer a Patient to a Hospital Stretcher	<b>4</b>	<b>2</b>	<b>6</b>
17	Positioning Patient from Prone to Supine	<b>4</b>	<b>2</b>	<b>6</b>
18	<b>Basic Airway Maneuvers (Head-Tilt, Chin-Lift and Jaw-Thrust)</b>	<b>4</b>	<b>2</b>	<b>6</b>
19	<b>Inserting an OPA</b>	<b>4</b>	<b>2</b>	<b>6</b>
20	<b>Performing Oral Suctioning</b>	<b>4</b>	<b>2</b>	<b>6</b>
21	Performing FBAO: Adult	<b>4</b>	<b>2</b>	<b>6</b>
22	Mouth to Mask Ventilation	<b>2</b>	<b>2</b>	<b>4</b>
23	Mask to Stoma Ventilation	<b>2</b>	<b>2</b>	<b>4</b>
24	<b>Ventilating an Adult Patient with BVM</b>	<b>4</b>	<b>2</b>	<b>6</b>
25	Ventilating an Adult Patient with BVM (Two-Rescuer)	<b>4</b>	<b>2</b>	<b>6</b>
26	<b>Administering Oxygen by Nasal Cannula</b>	<b>4</b>	<b>2</b>	<b>6</b>
27	<b>Administering Oxygen by Non-Rebreather</b>	<b>4</b>	<b>2</b>	<b>6</b>
28	<b>Assessment of Breathing and Breath Sounds</b>	<b>4</b>	<b>2</b>	<b>6</b>
29	<b>Assessment of Pulses</b>	<b>4</b>	<b>2</b>	<b>6</b>
30	Assessment of Skin Signs	<b>4</b>	<b>2</b>	<b>6</b>
31	Assessment of Capillary Refill	<b>4</b>	<b>2</b>	<b>6</b>
32	<b>Assessment of Pulse Oximetry</b>	<b>4</b>	<b>2</b>	<b>6</b>
33	Assessment of Pupillary Status	<b>4</b>	<b>2</b>	<b>6</b>
34	<b>Assessing Blood Pressure by Auscultation</b>	<b>4</b>	<b>2</b>	<b>6</b>
35	Assessing Blood Pressure by Palpation	<b>4</b>	<b>2</b>	<b>6</b>
36	<b>Assessment of Blood Glucose Levels</b>	<b>4</b>	<b>2</b>	<b>6</b>

# EMERGENCY MEDICAL RESPONDER LAB BOOK

Page	Lab Skill	Peer Reviews	Instructor Review	Total
37	Rapid Primary Assessment	2	2	4
38	Adult/Geriatric Medical Patient Assessment	4	2	6
39	Adult/Geriatric Trauma Patient Assessment	4	2	6
40	Performing a Simple Physical Assessment (Vitals, SPO2, Glucose)	2	2	4
41	Radio Transmission	2	2	4
42	<b>Assist with Administering EpiPen</b>	4	2	6
43	<b>Assist with Administering Naloxone (autoinjector IN only)</b>	4	2	6
44	<b>Performing CPR &amp; AED: Adult</b>	4	2	6
45	<b>Performing Uncomplicated Childbirth</b>	2	2	4
46	Ventilating a Pediatric Patient with a BVM	4	2	6
47	Ventilating a Neonate Patient with a BVM	4	2	6
48	Performing CPR: Pediatric	4	2	6
49	Performing CPR: Neonate	4	2	6
50	Performing FBAO: Infant	4	2	6
51	Pediatric Trauma Assessment	4	2	6
52	Pediatric Medical Assessment	4	2	6
53	Pediatric Patient: Inserting an OPA	4	2	6
54	<b>Pediatric Restraining System for Stretcher</b>	2	2	4
55	<b>Applying a Cervical Collar &amp; LSB</b>	4	2	6
56	Immobilization of a Seated Patient with a KED	2	2	4
57	Immobilizing a Standing Patient-3 Rescuer	2	2	4
58	Rapid Extrication	2	2	4
59	<b>Hemorrhage Control and Shock Management</b>	4	2	6
60	<b>Dressing and Bandaging a Soft Tissue Injury</b>	4	2	6
61	Packing a Bleeding Wound	4	2	6
62	<b>Managing Burns</b>	2	2	4
63	Electrical Burns and Lightning Injuries	2	2	4
64	Applying a Dressing to an Abdominal Evisceration	2	2	4
65	Applying an Occlusive Dressing to an Open Wound to the Thorax	2	2	4
66	<b>Stabilizing an Impaled Object</b>	2	2	4
67	Impaled Object in the Eye	2	2	4
68	Eye Irrigation	2	2	4
69	<b>Splinting a Suspected Long Bone Injury</b>	2	2	4
70	<b>Splinting a Suspected Joint Injury</b>	2	2	4
71	Immobilized Knee Injury in Straight Position	2	2	4
72	Rigid Splint for Hip Injury	2	2	4

# EMERGENCY MEDICAL RESPONDER LAB BOOK

HANDWASHING						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Inspect the handwashing area for appropriate cleaner, towels and waste container						
Assess hands for areas that may be heavily soiled and under nails						
Remove jewelry and push watch and sleeves at least one inch above wrist						
Turn on water and adjust temperature						
Wet hands thoroughly while keeping hands and forearms down with elbows straight						
Avoid splashing water on clothing, touching sides of sink or faucet, and leaning on sink or countertop						
Apply appropriate cleaner to wet hands						
Wash hands, wrists, and one-inch up forearms for no less than 20 seconds <ul style="list-style-type: none"> <li>▪ Lace fingers and thumbs cleaning between the digits.</li> <li>▪ Rub palms and back of hands.</li> <li>▪ Scrub under nails by rubbing against palms.</li> </ul>						
Rinse thoroughly from wrist down while keeping hands and forearms down and elbows straight						
Dry arms completely working from fingers up the hands to the wrists and forearms.						
Dispose of wet towels in appropriate waste container.						
Use dry towel to turn off water unless faucet has automatic, knee or foot controls.						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

DONNING AND DOFFING PPE GOWN, GLOVES, MASK and GOGGLES/FACE SHIELD						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Select appropriate size and type of PPE gown, gloves, mask and goggles/face shield						
<b>Donning of Gown</b>						
Open gown and unfolds gown						
Facing the back opening of the gown place arms through each sleeve						
Fasten the neck opening						
Secure gown at waist ensuring the back of clothing is covered						
<b>Donning of Mask</b>						
Secure ties or elastic bands at middle of head and neck						
Adjust flexible band to nose bridge						
Ensure snug fit to face and below chin						
<b>Donning of Goggles/Face Shield</b>						
Apply to face and adjust to fit						
<b>Donning of Gloves</b>						
Examine hands for jewelry or nails that may damage examination gloves						
Pull gloves on each hand one at a time ensuring they extend above the cuff of the gown						
Identify appropriate waste container						
<b>Removal of Gloves</b>						
Grasp the palm of one gloved hand with the other gloved hand						
Remove first glove by peeling down into palm of other gloved hand						
Hold removed glove in palm of gloved hand						
Slide fingers under cuff of remaining glove at the wrist being careful not to touch the outside of the glove						
Peel the remaining glove off and over the first glove						
Properly disposes of gloves in appropriate waste container						
<b>Removal of Goggles/Face Shield</b>						
Be cautious as not to touch the outside of goggles or face shield						
Properly dispose of goggles/face shield in appropriate waste container						

# EMERGENCY MEDICAL RESPONDER LAB BOOK

<b>Removal of Gown</b>						
Unfasten gown at neck and waist						
Remove gown by turning it inward while holding it away from self, keeping it from touching the floor, ensuring the outside of the gown is not touched						
Dispose of inside out gown in appropriate waste container						
<b>Removal of Mask</b>						
Ensure that student does not touch the front of the mask						
After removal of gloves, grasp only bottom then top ties/elastic bands and remove						
Properly dispose of mask in appropriate waste container						
Immediately wash hands or use alcohol-based hand sanitizer if handwashing not immediately available.						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

LONG SPINE BOARD DIAMOND CARRY						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Position the providers with one at the head, one at the foot, and one on each side of the patient						
In unison, grasp the LSB and lift the patient						
The providers on each side turn to face the patient's feet while grasping the LSB in one hand						
The provider at the foot turn around grasping the LSB from behind						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

DIRECT GROUND LIFT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Kneel appropriately next to the patient						
Ensure that all providers have hands positioned evenly under the patient						
Ensure that patient's head is cradled						
Lift the patient to the rescuer's knees and roll towards chest						
In unison, lift patient up and to carrying device						
Ensure that patient is lifted smoothly and evenly						
Communicate effectively with other providers to ensure smooth movements						
Apply proper body mechanics at all times during move						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

SCOOP STRETCHER						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
With another provider, separate the scoop stretcher creating two halves						
Position one side of the stretcher by slightly lifting the patient's side and sliding the stretcher under the patient						
Position the other side by slightly lifting the patient and sliding the stretcher into place						
Lock both ends together, ensuring you do not pinch the patient; Reposition the patient as needed						
Apply and tighten straps across the patient						
Using proper body mechanics, in unison, lift the scoop stretcher and secure on the wheeled stretcher						
Communicate effectively with the other provider to ensure smooth movement of patient						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	



# EMERGENCY MEDICAL RESPONDER LAB BOOK

STAIR CHAIR						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Place the stair chair beside the patient, ensuring the wheels are locked						
Using an appropriate lift, move the patient to the stair chair						
Secure the patient to the stair chair per the manufacture's guidelines						
Unlock the wheels to guide the patient across flat surfaces						
Evaluator states, "demonstrate how you would transport a patient downstairs"						
Position one provider at the head end and open provider at the foot end, identify the lifting handles in each location						
Using proper body techniques, in unison, lift the chair and slowly carry the chair down the stairs						
Communicate effectively with the other provider to ensure smooth movement of patient						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

STRETCHER OPERATIONS MANUAL/AUTOMATIC						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply proper PPE						
Position the stretcher next to the patient, ensuring that it is stable and secure						
Lower the stretcher to the proper height to load the patient						
Position the patient on the stretcher, ensuring their head is at the top and their feet are at the bottom						
Secure the patient to the stretcher using patient straps, ensuring they are snug but not too tight						
Lift the stretcher to the desired height, ensuring it is level and stable						
Move the stretcher to the ambulance, ensuring it is moved smoothly and without jarring the stretcher						
<i>If resources allow:</i> Load the stretcher into the ambulance, ensuring it is secure and not moving during transport						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

LIFTING AND TRANSFERRING A PATIENT TO A STRETCHER						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Position the stretcher and lower to the proper height of the transfer						
Ensure the stretcher is stable and wheels are locked						
Obtain appropriate tools to assist with lift and transfer						
Communicate lifting plan with other personnel to ensure smooth movements						
Ensure that patient is supported appropriately						
Using proper lifting techniques, lift the patient onto the stretcher						
Ensure the patients head is at the top and feet at the bottom of the stretcher						
Secure the patient to the stretcher using patient straps, ensuring they are snug but not too tight						
Check patient's comfort and stability adjusting when necessary						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

POWERLIFT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Position body properly with feet shoulder-width apart, turned slightly out, and flat on the ground						
Keep back locked and lowers to the weight by bending knees						
Keep back locked and feet flat while lifting with legs						
Return to standing position with back locked and straight						
Communicate effectively with other rescuer to ensure smooth movements						
Apply proper body mechanics at all times during move						
Date:						
Student/Peer Initial	Peer Review				Instructor	
Competency						

MOVING A PATIENT USING THE DRAWSHEET METHOD						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Log roll patient onto drawsheet						
Position stretcher in the lowest position, ensuring wheels are locked						
In unison, both providers grasp the drawsheet and lift the patient moving towards the stretcher						
Communicate effectively with other rescuer to ensure smooth movements						
Ensure patient is in position of comfort for transport, adjust as necessary						
Apply proper body mechanics at all times during move						
Date:						
Student/Peer Initial	Peer Review				Instructor	
Competency						

# EMERGENCY MEDICAL RESPONDER LAB BOOK

TRANSFER A PATIENT TO A HOSPITAL STRETCHER						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Position raised ambulance cot next to hospital stretcher						
Gather the sheets on either side of patient; pulls sheet taut (instruct others)						
Ensure that patient is supported at shoulders, mid-torso, hips, and knees						
Gently slide the patient to the hospital stretcher; ensuring patient is centered and that rails are raised						
Communicate effectively with other lifting personnel to ensure smooth movements						
Apply proper body mechanics at all times during move						
Date:						
Student/Peer Initial Competency	Peer Review				Instructor	

POSITIONING PATIENT FROM PRONE TO SUPINE						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Straighten patient's legs and position closet arm above patient's head						
Grasp under patient's far armpit						
Cradle patient's head and neck while moving patient onto side						
Move patient onto back and reposition extended arm						
Demonstrate safe lifting technique (proper body mechanics)						
Date:						
Student/Peer Initial Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

BASIC AIRWAY MANEUVERS						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
<b>Head-Tilt, Chin-Lift Maneuver</b>						
Apply appropriate PPE						
Place one hand on patient's forehead						
Properly place fingertips of other hand on patient's lower jaw						
Appropriately tilt patient's head and open airway						
Do not compress soft tissue under patient's chin						
Do not close patient's mouth						
<b>Jaw-Thrust Maneuver</b>						
Apply appropriate PPE						
Kneel above the patient's head						
Place hands appropriately on each side of the patient's head						
Stabilize patient head with forearms						
Use index fingers to push patient's lower jaw forward						
Maintain alignment of the patient's head, neck and spine at all times						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

## INSERTING AN OPA

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
<b>Head-Tilt, Chin-Lift Maneuver</b>						
Apply appropriate PPE						
Select appropriately sized airway						
Measure airway						
Insert the airway without pushing the tongue posteriorly						
<b>Evaluator advises "the patient is gagging and becoming conscious"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

## PERFORMING ORAL SUCTIONING

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Turn on/prepare suction device						
Ensure presence of mechanical suction						
Insert the suction tip without suction						
Apply appropriate suction to the oropharynx while withdrawing the suction tip						
Ensure that suction is only applied to the areas visible to the provider						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PERFORMING FBAO: ADULT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Determine scene safety						
Apply appropriate PPE						
Briefly question patient/bystanders about event						
Determine level of consciousness						
Ask patient if they can speak/cough forcefully						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	



# EMERGENCY MEDICAL RESPONDER LAB BOOK

MOUTH TO MASK VENTILATION						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess ventilator status						
Manually open the airway						
Inspect mouth for foreign material						
Properly insert basic airway adjunct						
Properly position mask						
Create a tight mask to face seal without closing the airway						
Obtain adequate ventilation within 30 seconds						
Observe for chest rise/fall and evaluate compliance						
Connect oxygen at appropriate rate if available						
Provide ventilations with adequate minute and tidal volume						
Assess lung sounds						
Reassess and monitor patient's response to ventilations						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

MASK TO STOMA VENTILATION						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess ventilatory status						
Verify patient is full stoma breather or is prepared to close the upper airway						
Inspect stoma for foreign material						
Clear airway, if needed						
Select an appropriate mask (Infant or Seal Easy "Blob")						
Attach mask to appropriate bag-valve device						
Create a tight mask seal around stoma without causing vagal or carotid stimulus						
Obtain adequate ventilations in less than 30 seconds						
Observe for chest rise and fall and evaluate compliance						
Provide adequate tidal volume						
Ventilate patient at appropriate rate						
Listen to lung sounds						
Reassess patient's response to ventilation						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

VENTILATING AN ADULT PATIENT WITH BVM						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess ventilator status						
Manually open the airway						
Inspect mouth for foreign material						
Properly insert basic airway adjunct						
Fit appropriately sized mask to appropriately sized BVM						
Create a tight mask to face seal without closing the airway						
Obtain adequate ventilation within 30 seconds						
Observe for chest rise/fall and evaluate compliance						
Connect oxygen at appropriate rate to fill reservoir						
Provide ventilations with adequate minute and tidal volume						
Assess lung sounds						
Reassess and monitors patient's response to ventilations						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

VENTILATING AN ADULT PATIENT WITH BVM (TWO RESCUER)						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess ventilatory status						
Manually open the airway						
Inspect mouth for foreign material						
Properly insert basic airway adjunct						
Fit appropriately sized mask to appropriately sized BVM						
Second rescuer create a tight mask to face seal without closing the airway						
Obtain adequate ventilation within 30 seconds						
Observe for chest rise/fall and evaluate compliance						
Connect oxygen at appropriate rate to fill reservoir						
Provide ventilations with adequate minute and tidal volume						
Assess lung sounds						
Reassess and monitor patient's response to ventilations						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ADMINISTERING OXYGEN BY NASAL CANNULA						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Select proper equipment						
Assemble the regulator to the tank						
Open the tank						
Check for leaks						
Check tank pressure						
Attach nasal cannula to oxygen tank						
Adjust liter flow to 6 LPM or less						
Properly place nasal cannula on patient						
Reassess patient's respiratory status, mental status, respiratory rate, respiratory effort, breath sounds, skin color, and pulse oximetry						
Adjust oxygen flow as needed based on reassessment						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ADMINISTERING OXYGEN BY NON-REBREATHER						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Select proper equipment						
Assemble the regulator to the tank						
Open the tank						
Check for leaks						
Check tank pressure						
Attach non-rebreather to oxygen tank						
Adjust liter flow to 10-15 LPM						
Allow reservoir bag to completely fill						
Properly place non-rebreather mask on patient						
Reassess patient's respiratory status, mental status, respiratory rate, respiratory effort, breath sounds, skin color, and pulse oximetry						
Adjust oxygen flow as needed based on reassessment						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ASSESSMENT OF BREATHING AND BREATH SOUNDS						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Explain procedure to patient, if appropriate						
Accurately assess respiratory rate (within 3 bpm)						
Adequately assess chest rise and tidal volume						
Assess equality of chest rise						
Assess for respiratory distress or increased work of breathing						
Instruct the patient to open their mouth and take slow, deep breaths after each placement of the stethoscope						
Identify the 16 points of auscultation						
Determine if patient has adequate or inadequate breathing						
Verbalize the proper management of patient based upon assessment findings						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ASSESSMENT OF PULSES						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Explain procedure to patient, if appropriate						
Locate at least 2 pulse points						
Accurately calculate pulse rate within 8 bpm						
Properly describe pulse quality						
Properly describe pulse regularity						
Able to locate pulse in all extremities						
<b>Evaluator advises, "patient is unable to speak and/or has a weak cough/absent cough"</b>						
Request ALS Unit if not previously done						
Student properly perform abdominal thrusts with proper hand placement and technique						
<b>Evaluator asks, "When would you discontinue the abdominal thrusts?"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

ASSESSMENT OF CAPILLARY REFILL						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Explain procedure to patient if appropriate						
Depress skin over finger or other capillary bed						
Remove pressure and counts the number of seconds for return of color						
Evaluator asks: <ul style="list-style-type: none"> <li>"What is amount of time is considered normal for capillary refill?"</li> <li>"What age group is capillary refill more accurate?"</li> <li>"What can delay in capillary refill indicate?"</li> </ul>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		



# EMERGENCY MEDICAL RESPONDER LAB BOOK

## ASSESSMENT OF PULSE OXIMETRY

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Turn pulse oximetry device on						
Properly attach device to the patient						
Verbalize the oximetry reading						
Verbalize initiating appropriate oxygen therapy						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

## ASSESSMENT OF PUPILLARY STATUS

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Explain procedure to patient if appropriate						
Assess eye for signs of trauma or foreign objects						
Assess for equality and movement of the eyes						
Assess size of pupils						
Direct light in one eye while observing pupillary response in both eyes						
Repeat procedure in the other eye						
Recognize significance of constricted or dilated pupils						
Document findings						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

## ASSESSING BLOOD PRESSURE BY ASCULTATION

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Properly apply the cuff						
Palpate the brachial artery						
Close the valve and pumps the cuff until the radial pulse is no longer felt						
Place the stethoscope over the brachial artery and pumps the cuff an additional 30 mmHg						
Slowly release the pressure from the cuff						
Obtain accurate systolic and diastolic pressures						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

## ASSESSING BLOOD PRESSURE BY PALPATION

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Properly apply the cuff						
Palpate the brachial artery						
Close the valve and pumps the cuff until the radial pulse is no longer felt						
Pump the cuff an additional 30 mmHg						
Slowly release the pressure from the cuff while palpating for a radial pulse						
Obtain accurate systolic pressure						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ASSESSMENT OF BLOOD GLUCOSE LEVELS						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Prepare the device						
Clean the area of skin to be tested						
Perform skin stick						
Place the first drop of blood onto a gauze pad and place the second onto the test strip						
Verbalize the blood glucose value appearing on the screen						
Document findings						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

RAPID PRIMARY ASSESSMENT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Assess the scene safety/hazards/condition of home						
Apply appropriate PPE						
Determine level of consciousness						
Determine need of additional resources						
Determine chief complaint/obvious life threats						
Assess airway, breathing and circulation in proper order based upon responsiveness/signs of lifelessness						
Identify patient priority						
Obtain vital signs accurately						
Provides brief report to responding ALS unit						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ADULT/GERIATRIC MEDICAL PATIENT ASSESSMENT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Assess the scene safety/hazards/condition of home						
Apply appropriate PPE						
Determine number of patients						
Determine nature of illness and rules out need for C-spine						
Determine need of additional resources						
Assess general impression/notes medical equipment/medications						
Determine level of consciousness						
Determine chief complaint/obvious life threats						
Assess airway, breathing and circulation in proper order based upon responsiveness/signs of lifelessness						
Identify patient priority						
Obtain SAMPLE history						
Obtain focused history (OPQRST) based on condition and chief complaint						
Obtain vital signs accurately						
Perform appropriate secondary assessment						
Provide appropriate treatment at the appropriate time						
Monitor and reassess patient after providing treatment						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ADULT/GERIATRIC TRAUMA PATIENT ASSESSMENT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Assess the scene safety/hazards/condition of home						
Apply appropriate PPE						
Determine number of patients						
Determine mechanism of injury and stabilizes C-Spine, if indicated						
Determine need of additional resources						
Assess general impression and manages obvious life-threatening injuries						
Determine level of consciousness						
Determine chief complaint/obvious life threats						
Assess airway, breathing and circulation in proper order based upon responsiveness/signs of lifelessness						
Identify patient priority						
Obtain SAMPLE history						
Obtain vital signs accurately						
Perform appropriate secondary assessment, as appropriate						
Provides appropriate treatment						
Prioritizes the treatment properly						
Monitors and reassess patient after providing treatment						
Provides additional treatment as needed						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PERFORMING A SIMPLE PHYSICAL ASSESSMENT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Assess the scene safety/hazards/condition of home						
Apply appropriate PPE						
Assess level of consciousness						
Assess airway, breathing, and circulation						
Identify patient priority						
Obtain vital signs accurately (pulse, respirations, blood pressure, SPO2, BGL)						
Obtain SAMPLE history						
Provide appropriate treatment						
Monitor and reassess patient after providing treatment						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

RADIO TRANSMISSION						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Identify the hospital and unit number and request to give a radio report						
Components of a radio report	Level of service (ALS or BLS)					
	Patient's age and gender					
	Estimated time of arrival (ETA)					
	Chief complaint and history of <i>present</i> illness					
	Pertinent scene assessment findings and mechanism of illness					
	Pertinent past medical history (major past illness)					
	Patient's mental status					
	Pertinent findings of the physical exam					
	Baseline vital signs					
	Interventions and treatment					
Response to treatment						
Ensure report is less than 30 seconds						
Ensure report is clear and concise						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ASSIST WITH ADMINISTERING EPIPEN						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Obtain patient allergy and medication information						
Verify 6 Rights of medication administration						
Explain the procedure to the patient						
Confirm patient's signs and symptoms indicate medication administration						
Check the medication for concentration and expiration date						
Ensure injection site is accessible and clean with an alcohol swab, if available						
Remove safety cap from EpiPen and hand to patient						
Instruct the patient to hold the EpiPen with the tip pointing downward						
Instruct the patient to firmly press the tip against the injection site until the needle activates with an audible "click" and hold for a few seconds						
Observe for effects of medication and correctly document medication administration						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	



# EMERGENCY MEDICAL RESPONDER LAB BOOK

ASSIST WITH ADMINISTERING NALOXONE						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Obtain patient allergy and medication information						
Verify 6 Rights of medication administration						
Explain the procedure to the patient						
Confirm patient's signs and symptoms indicate medication administration						
Select correct medication						
Check medication for concentration, dose, and expiration date						
Place nasal spray in larger nostril						
Instruct patient to forcefully exhale then inhale deeply if appropriate						
As patient inhales, press open nostril closed and squeeze nasal spray into the other nostril						
Unblock closed nostril and hold medicated nostril shut						
Hold medicated nostril shut until patient can tolerate medication or has patient sniff						
Observe for effects of medication and correctly document medication administration						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PERFORMING CPR & AED: ADULT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Check responsiveness						
<b>Evaluator advises, "patient is not moving and does not respond"</b>						
Request ALS unit						
Simultaneously check for a breathing and a pulse for at least 5 seconds and no more than 10 seconds						
<b>Evaluator advises, "patient is pulseless and apneic"</b>						
Request an AED and move the patient to a firm, flat surface						
Immediately begin chest compressions at 30:2, ensure proper hand placement and body position						
Compress the chest to a depth of at least 2 inches (5cm) at a rate of 100 to 120 compressions per minute						
Allow the chest to fully recoil after each compression						
Direct partner to provide two ventilations with a BVM						
Resume compressions at 30:2 ratio for 5 cycles						
Recheck pulse for at least 5 seconds and no more than 10 seconds						
Direct partner to begin chest compressions as soon as they arrive with the AED						
Power on AED and follows prompts						
Attach pads to the patient						
Following prompts, direct partner to stop compressions and clear patient for analysis						
Verbalize "all clear" and visually ensure that all individuals are clear of the patient						
Deliver shock and immediately resume chest compressions						
Confirm effectiveness of compressions and switch roles every 2 minutes with AED analysis						
Deliver report to arriving ALS Unit						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PERFORMING UNCOMPLICATED CHILDBIRTH						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Try to ensure patient privacy from bystanders						
Determine patient's medical/childbirth history while visually assessing for crowning						
Evaluator advises, "birth is imminent"						
Encourage and calms patient						
Properly drape patient with sterile sheets						
Place gloved hand on baby's head and apply gentle pressure to prevent explosive birth						
Rupture amniotic sac with fingers, if necessary						
Support baby's head as it delivers, avoiding pressing on fontanel						
Ensure that umbilical cord is not around baby's neck						
Clear baby's mouth and nose with bulb syringe, depressing the bulb prior to insertion, if necessary						
Support head and shoulders as delivery continue						
Properly warm, dry, stimulate, and position newborn						
Cut umbilical cord						
Deliver placenta						
Document time of baby and placenta delivery						
Transport mother, baby, and entire placenta						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

VENTILATING A PEDIATRIC PATIENT WITH A BVM						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess ventilator status						
Pad under the shoulders for a neutral position						
Manually open the airway						
Inspect mouth for foreign material						
Properly insert basic airway adjunct						
Fit appropriately sized mask to appropriately sized BVM						
Create a tight mask to face seal without closing the airway						
Obtain adequate ventilation within 30 seconds						
Observe for chest rise/fall and evaluate compliance						
Connect oxygen at appropriate rate to fill reservoir						
Provide ventilations with adequate minute and tidal volume						
Assess lung sounds						
Reassess and monitor patient's response to ventilations						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

VENTILATING A NEONATE PATIENT WITH A BVM						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess ventilator status						
Pad under the shoulders for a neutral position						
Manually open the airway						
Inspect mouth for foreign material						
Properly insert basic airway adjunct						
Fit appropriately sized mask to appropriately sized BVM						
Create a tight mask to face seal without closing the airway						
Obtain adequate ventilation within 30 seconds						
Observe for chest rise/fall and evaluate compliance						
Connect oxygen at appropriate rate to fill reservoir						
Provide ventilations with adequate minute and tidal volume						
Assess lung sounds						
Reassess and monitor patient's response to ventilations						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PERFORMING CPR: PEDIATRIC						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Determine scene safety						
Apply appropriate PPE						
Briefly questions bystanders/family about event						
Determine level of consciousness						
Evaluator advises, "child is unresponsive"						
Request ALS Unit if not previously done						
Simultaneously check for breathing and a pulse for 5 seconds and no more than 10 seconds						
Evaluator advises, "child is pulseless and apneic"						
Request AED						
Immediately begin chest compressions at 30:2 ratio, ensure proper hand placement and body position						
Compress the chest to a proper depth and rate						
Allow the chest to fully recoil after each compression						
Direct partner to provide two ventilations with a BVM						
Attach AED follow prompts						
Resume compressions at 15:2 ratio						
Confirm effectiveness of compressions and switch roles every 2 minutes with AED analysis						
Deliver report to arriving ALS Unit						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PERFORMING CPR: NEONATE						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Determine scene safety						
Apply appropriate PPE						
Briefly question bystanders/family about event						
<b>Evaluator advises, "neonate was delivered 3 minutes prior to EMS arrival."</b>						
Determine level of consciousness						
<b>Evaluator advises, "neonate is unresponsive"</b>						
Request ALS Unit if not previously done						
Simultaneously check for breathing and a pulse for 5 seconds and no more than 10 seconds						
<b>Evaluator advises, "neonate pulse is 40 beats per minute."</b>						
Initiate CPR with chest compressions at 3:1 ratio						
Pad shoulders to assist with opening the airway						
Ventilation administered with infant BVM						
Attach oxygen at 15 LPM						
Continue until ALS Unit arrives						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PERFORMING FBAO: INFANT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Determine scene safety						
Apply appropriate PPE						
Briefly question bystanders/family about event						
<b>Evaluator advises, "the infant was eating and suddenly started coughing and experiencing respiratory distress"</b>						
Determine level of consciousness						
Confirm airway obstruction (Infant unable to cry/cough, decreased air movement)						
<b>Evaluator advises, "patient is not crying and has no air movement"</b>						
Request ALS Unit if not previously done						
Initiate 5 back slaps while supporting the infant with head down						
Flip infant and give 5 chest thrusts						
Alternate between back slaps and chest thrusts until FBAO is dislodged or patient becomes unresponsive						
<b>Evaluator advises, "infant is unresponsive"</b>						
Initiate CPR with chest compressions at 30:2						
Check mouth for foreign object/perform finger sweep only if object is seen						
Attempt ventilation						
Resume CPR with chest compressions at 30:2						
Continue until ALS Unit arrives						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		



# EMERGENCY MEDICAL RESPONDER LAB BOOK

PEDIATRIC TRAUMA ASSESSMENT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
<b>Scalp and skull:</b> Inspect for bruising, blood or fluid draining from ears or nose, spongy areas or skull deformity, and crepitus. Assess fontanel for infant						
<b>Face:</b> Inspect and palpate the face, ears, and mouth. Assess airway for risks to patency. Assess pupils for equality and reactivity to light						
<b>Neck:</b> Inspect for tracheal deviation, tracheal tugging, or swollen neck veins. Palpate anterior and posterior of neck for stiffness, tenderness, or crepitus						
<b>Chest:</b> Inspect and palpate for bruising, crepitus, and equal chest rise and fall. Inspect for signs of breathing difficulty. Auscultate lungs at apical, axillary, and posterior sites						
<b>Abdomen:</b> Inspect and palpate for bruising, distention, guarding, and rigidity. Correctly identify the major organs and structures in each quadrant.						
<b>Pelvis:</b> Inspect and palpate for bruising, tenderness, swelling, or crepitus						
<b>Upper extremities:</b> Assess motor, sensory, and circulation function						
<b>Lower extremities:</b> Assess motor, sensory, and circulatory function						
<b>Posterior:</b> Inspect and palpate for tenderness, bruising, and crepitus						
Manage injuries/wounds appropriately						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PEDIATRIC MEDICAL ASSESSMENT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	<b>Peer</b>	<b>Peer</b>	<b>Peer</b>	<b>Peer</b>	<b>Instr.</b>	<b>Instr.</b>
Apply appropriate PPE						
From General Impression	<b>Appearance</b> <ul style="list-style-type: none"> <li>▪ Tone</li> <li>▪ Interactivity/Irritability</li> <li>▪ Consolability</li> <li>▪ Look/Gaze</li> <li>▪ Speech/Cry</li> </ul>					
	<b>Work of Breathing</b> <ul style="list-style-type: none"> <li>▪ Abnormal Sounds</li> <li>▪ Abnormal Posture/Position</li> <li>▪ Retractions</li> <li>▪ Nasal Flaring</li> <li>▪ Head Bobbing</li> </ul>					
	<b>Circulation</b> <ul style="list-style-type: none"> <li>▪ Pallor</li> <li>▪ Mottling</li> <li>▪ Cyanosis</li> <li>▪ Petechiae</li> </ul>					
Assess patient's responsiveness/level of consciousness (AVPU)						
Assess airway, breathing, and circulation						
Determine priority for transport						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

PEDIATRIC PATIENT: INSERTING AN OPA						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Select appropriately sized airway						
Measure airway						
Insert the airway by pressing tongue with tongue depressor						
<b>Evaluator advises, "the patient is gagging and becoming conscious"</b>						
Remove the oropharyngeal airway						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

PEDIATRIC RESTRAINING SYSTEM FOR STRETCHER						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess the pediatric patient's size and condition						
Choose the appropriate restraining system for your patient						
Place any necessary padding on the stretcher for comfort and support						
Position the stretcher at a safe and accessible height for transfer						
Ensure system of properly secured to the stretcher per manufacture guidelines						
Gently transfer the patient onto the stretcher, ensuring proper alignment and positioning						
Using the securing straps, gently but securely restrain the patient						
Ensure straps are snug but not overly tight, allowing for adequate circulation and comfort						
Reassess all straps to ensure device is secure and comfortable prior to moving stretcher						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

## APPLYING A CERVICAL COLLAR AND LSB

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Direct assistant to place/maintain immobilization of the head in a neutral, in-line position						
Assess distal pulse and motor and sensory function						
<b>Evaluator advises, "motor, sensory, and circulatory function are present and normal"</b>						
Select and measures appropriate cervical collar						
Properly place and secure cervical collar with Velcro strap						
Position the immobilization device parallel to the patient						
Ensure that assistant at the patient's head direct the rolling of the patient onto side without compromising the integrity of the spine						
Place device against the patient						
Ensure that assistant at the patient's head direct the rolling of patient onto the device without compromising the integrity of the spine						
Apply padding to the voids between the patient's torso and the board as necessary						
Immobilize the patient's torso to the device						
Immobilize the patient's head to the device only after torso is secure						
Immobilize the patient's legs to the device						
Immobilize the patient's arms to the device						
Reassess distal pulse and motor and sensory function						
<b>Evaluator advises, "motor, sensory, and circulatory function are present and normal"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

IMMOBILIZATION OF A SEATED PATIENT WITH A KED						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Direct assistant to place/maintain the head in a neutral, in-line position						
Direct assistant to maintain manual immobilization of the head						
Assess distal pulse and motor and sensory function						
<b>Evaluator advises, "motor, sensory, and circulatory function are present and normal"</b>						
Apply appropriately sized extrication collar						
Position the device behind the patient						
Secure the device to the patient's torso without restricting respirations or excessively moving the patient						
Evaluate torso fixation and adjust as necessary						
Evaluate and pads behind the patient's head as necessary						
Properly secure the patient's head to the device after the torso is complete						
Verbalize moving the patient to a long backboard						
Reassess distal pulse and motor and sensory function						
<b>Evaluator advises, "motor, sensory, and circulatory function are present and normal"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

IMMOBILIZING A STANDING PATIENT – 3 RESCUER						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Direct assistant to stand behind patient and place/maintain the head in a neutral, in-line position						
Direct assistant to maintain manual immobilization of the head						
Apply appropriately sized extrication collar						
Position the backboard behind the patient						
Properly hold the device using one hand under the patient's arm, ensuring other assistant does the same						
Direct the assistant immobilizing the patient's head to coordinate lowering the patient to the ground						
Lower patient to the ground						
Properly secure patient to backboard						
Apply proper body mechanics during entire procedure						
Ensure that move is completed without compromising the integrity of the patient's spine						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

RAPID EXTRICATION						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Direct assistant to place/maintain the head in a neutral, in-line position						
Direct assistant to maintain manual immobilization of the head						
Perform primary assessment						
Perform rapid physical exam						
Apply appropriately sized extrication collar						
Rotate patient so that back faces open door; direct assistant to simultaneously move patient's legs and feet onto car seat to maintain spinal alignment						
Direct placement of end of long backboard against patient's buttocks						
Direct placement of collapsed stretcher under backboard						
Lower patient onto the backboard without compromising the integrity of the patient's spine						
Position patient properly on the backboard						
Apply proper straps to secure the patient to the backboard						
Apply proper straps to secure the patient to the stretcher						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

HEMORRHAGE CONTROL AND SHOCK MANAGEMENT						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE; Looks for hazards						
Apply direct pressure to the bleeding; Instruct other rescuer to administer oxygen						
Apply hemostatic dressing to stop bleeding						
<b>Evaluator advises, "the wound continue to bleed"</b>						
Apply tourniquet						
<b>Evaluator advises, "the wound has stopped bleeding. The patient is experiencing signs of hypoperfusion"</b>						
Administer high concentration oxygen						
Properly moves the patient onto a spine board						
Initiate steps to prevent heat loss from the patient						
Indicate the need for immediate transport						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

DRESSING AND BANDAGING A SOFT TISSUE INJURY						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Covers wound with sterile dressing						
Secure the bandage with several wraps overlaying the dressing						
Overlap the bandage properly, ensuring that it is snug						
Secure the bandage in place						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	



# EMERGENCY MEDICAL RESPONDER LAB BOOK

PACKING A BLEEDING WOUND						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess the wound to determine the extent of the bleeding and need for wound packing						
Apply direct pressure to the wound with sterile dressing						
<b>Evaluator advises, "wound continue to bleed"</b>						
Gather wound packing gauze						
Open wound packing gauze using sterile technique						
Gently insert gauze into the wound using a twisting or packing motion						
Apply gentle pressure to the packed wound to encourage clotting						
Secure packed wound in place using bandage						
Date:						
Student/Peer Initial Competency	Peer Review				Instructor	

MANAGING BURNS						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Ensure scene safety						
Remove the patient from the burn source						
Stop the burning process and removes affected clothing						
Ensure airway patency and adequate breathing						
Correctly identify the burn severity and advises priority for transport						
Place dry, sterile dressings onto the burn injury						
Maintain patient warmth						
Transport patient						
Date:						
Student/Peer Initial Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

ELECTRICAL BURNS AND LIGHTENING INJURIES						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Ensure scene safety						
<b>Evaluator advises, "the patient is no longer in contact with the power source and is breathing"</b>						
Ensure airway patency and administers high concentration of oxygen						
Verbalize monitoring for cardiac arrest						
Ensure that AED is present						
Assess for muscle tenderness						
Assess for entry and exit burns						
<b>Evaluator advises, "the patient has an entry burn on the right palm and an exit burn on the left shoulder"</b>						
Apply dry, sterile dressings to both burns						
Transport as soon as possible						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

APPLYING A DRESSING TO AN ABDOMINAL EVISCERATION						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Determine if spinal immobilization is required						
Initiate high-concentration oxygen therapy						
Direct assistant to prop the patient's knees in flexed position						
Place appropriate dressing over wound						
Secure dressing in place without replacing intestines into abdomen						
Apply occlusive covering and secure appropriately						
Verbalize immediate transport and care for shock						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review			Instructor		

# EMERGENCY MEDICAL RESPONDER LAB BOOK

## APPLYING AN OCCLUSIVE DRESSING TO AN OPEN WOUND TO THE THORAX

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Determine if spinal immobilization is required						
Identify the location and severity of the wound						
Place a sterile gauze over the wound and apply gentle pressure						
Apply and occlusive dressing over the wound and secure all side						
Ensure the seal remains airtight and does not shift during movement						
Continuously monitor the patients breathing and signs of distress						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

## STABILIZING AN IMPALED OBJECT

For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency.

Successful Completion of Skills (✓)

If unsuccessful, mark this column with an (X):

	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Cut clothing away to expose injury site						
Place stabilizing material around impaled object						
Securely bandage the object and the stabilizing material						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

IMPALED OBJECT IN THE EYE						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Pads around object with sterile material						
Stabilizes and protect the object with a Styrofoam or paper cup						
Bandages the cup securely in place						
Verbalize immediate transport of the patient						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

EYE IRRIGATION						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Question patient and bystander regarding mechanism and/or exposure						
Assess for pain, loss of vision, and eye muscle function						
Remove contact lenses if present						
If single eye is involved, ensure water does not run into unaffected eye						
Irrigate eyes with copious amounts of water, approximately 20 minutes						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

SPLINTING A SUSPECTED LONG BONE INJURY						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Direct manual stabilization of the injury						
Assess distal pulse and motor and sensory function						
<b>Evaluator advises, "the motor, sensory, and circulatory function are present and normal"</b>						
Measure a splint						
Apply a splint						
Immobilize the joint above the injury site						
Immobilize the joint below the injury site						
Secure the entire injured extremity						
Immobilize the hand/foot in the position of function						
Reassess distal pulse and motor and sensory function						
<b>Evaluator advises, "the motor, sensory, and circulatory function are present and normal"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

SPLINTING A SUSPECTED JOINT INJURY						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Direct manual stabilization of the injury						
Assess distal pulse and motor and sensory function						
<b>Evaluator advises, "the motor, sensory, and circulatory function are present and normal"</b>						
Measures a splint						
Apply a splint						
Immobilize the joint above the injury site						
Immobilize the joint below the injury site						
Secure the entire injured extremity						
Immobilize the hand/foot in the position of function						
Reassess distal pulse and motor and sensory function						
<b>Evaluator advises, "the motor, sensory, and circulatory function are present and normal"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

IMMOBILIZING A KNEE INJURY IN A STRAIGHT POSITION						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Direct manual stabilization of the injured extremity						
Assess distal pulse and motor and sensory function in the injured extremity						
<b>Evaluator advises, "the motor, sensory, and circulatory function are present and normal"</b>						
Select proper splinting material						
Immobilize the site of the injury						
Immobilize the bone above the injured knee						
Immobilize the bone below the injured knee						
Secure both legs together						
Secure patient to the backboard						
Reassess distal pulse and motor and sensory function						
<b>Evaluator advises, "the motor, sensory, and circulatory function are present and normal"</b>						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	

# EMERGENCY MEDICAL RESPONDER LAB BOOK

RIGID SPLINT FOR HIP INJURY						
For any portion of the skill performed unsuccessfully, mark the column with an (X). The candidate must attempt the entire skill again to ensure competency. Successful Completion of Skills (✓) If unsuccessful, mark this column with an (X):						
	Peer	Peer	Peer	Peer	Instr.	Instr.
Apply appropriate PPE						
Assess the patient's hip for deformity, pain, and mechanism of injury						
Explain the procedure to the patient						
Choose the appropriate rigid splint for the hip injury						
Place padding material under and around the injured hip to provide comfort and support						
Gently place the splint in place ensuring it supports the entire hip and extends beyond it						
Secure the splint in place with appropriate straps						
Fasten straps snugly but not excessively tight						
Check patient's extremities for circulation, movement, and sensation						
Date:						
Student/Peer Initial Instructor Initial for Competency	Peer Review				Instructor	



# EMERGENCY MEDICAL RESPONDER LAB BOOK

## EMR: Your First Response In Emergency Care 7ed

### Section 1. Preparatory

1. EMS Systems
2. Workforce Safety and Wellness
3. Lifting and Moving Patients
4. Medical, Legal, and Ethical Issues
5. Communication and Documentation
6. The Human Body

### Section 2. Airway

7. Airway Management
8. Professional Rescuer CPR

### Section 3. Assessment

9. Patient Assessment

### Section 4. Medical

10. Medical Emergencies
11. Poisoning and Substance Abuse
12. Behavioral Emergencies
13. Environmental Emergencies

### Section 5. Trauma

14. Bleeding, Shock, and Soft-Tissue Injury
15. Injury to Muscles and Bones

### Section 6. Special Patient Populations

16. Childbirth
17. Pediatric Emergencies
18. Geriatric Emergencies

### Section 7. EMS Operations

19. Transport Operations
20. Vehicle Extrication and Special Rescue
21. Incident Management

## AAOS EMR: Your First Response in Emergency Care, 7ed., Skills Labs

### Section 1. Preparatory

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| 3-1. Performing Direct Ground Lift                                  | 46 |
| 3-2. Using a Scoop Stretcher                                        | 52 |
| 3-3. Applying Short Backboard Device                                | 55 |
| 3-4. Performing a Four-Person Log Roll                              | 56 |
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| 3-6. Applying Blanket Roll to Stabilize the Patient's Head and Neck | 60 |

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| 7-3. Inserting Nasal Airway                             | 123 |
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| 7-5. Performing Mouth-to-Barrier Rescue Breathing       | 128 |
| 7-6. Using a Bag-Valve-Mask (BVM) with One Rescuer      | 130 |
| 7-7. Performing Infant Rescue Breathing                 | 132 |
| 7-8. Managing Airway Obstruction in a Conscious Patient | 134 |
| 8-1. Performing Adult Chest Compressions                | 153 |
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| 15-7. Applying an Aire Splint to the Left Leg                           | 327 |
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# EMERGENCY MEDICAL RESPONDER LAB BOOK

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
2-1. Removing Medical Gloves <span style="float: right;">30</span>							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
3-1. Performing Direct Ground Lift <span style="float: right;">46</span>							
3-2. Using a Scoop Stretcher <span style="float: right;">52</span>							
3-3. Applying Short Backboard Device <span style="float: right;">55</span>							
3-4. Performing a Four-Person Log Roll <span style="float: right;">56</span>							
3-5. Preparing a Blanket Roll <span style="float: right;">59</span>							
3-6. Applying Blanket Roll to Stabilize the Patient's Head and Neck <span style="float: right;">60</span>							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

# EMERGENCY MEDICAL RESPONDER LAB BOOK

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
7-1. Clearing the Airway Using Finger Sweeps 120							
7-2. Inserting an Oral Airway 122							
7-3. Inserting Nasal Airway 123							
7-4. Performing Mouth-to-Mask Rescue Breathing 127							
7-5. Performing Mouth-to-Barrier Rescue Breathing 128							
7-6. Using a Bag-Valve-Mask (BVM) with One Rescuer 130							
7-7. Performing Infant Rescue Breathing 132							
7-8. Managing Airway Obstruction in a Conscious Patient 134							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
8-1. Performing Adult Chest Compressions 153							
8-2. Performing One-Rescuer Adult CPR 155							
8-3. Performing Two-Rescuer Adult CPR 156							
8-4. Performing Automated External Defibrillation 164							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

# EMERGENCY MEDICAL RESPONDER LAB BOOK

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
9-1. Performing a Secondary Assessment 189							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
14-1. Controlling Bleeding with a Tourniquet 286							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
15-1. Checking Circulation, Sensation, And Movement in Injured Extremity 316							
15-2. Apply Vacuum Splints 319							
15-6. Stabilizing the Forearm 322							
15-7. Applying an Aire Splint to the Left Leg 327							
15-8. Applying a Pillow Splint for Ankle or Foot Injury 328							
15-9. Stabilizing the Cervical Spine and Maintaining an Open Airway 334							
15-10. Removing the Mask on a Sports Helmet 335							
15-11. Removing a Helmet 336							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

# EMERGENCY MEDICAL RESPONDER LAB BOOK

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
16-1. Putting on Sterile Gloves 349							
16-2. Resuscitation a Newborn 353							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
17-1. Inserting an Oral Airway in a Child 368							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							

SKILL COMPLETED	Peer	Peer	Peer	Peer	Instr.	Instr.	DATE COMPLETED
20-1. Accessing the Vehicle Through the Window 418							
20-2. Airway Management in the Vehicle 420							
20-3. Turning a Patient in the Water 422							
If unsuccessful, mark this column with an (X):							
Evaluators Signature:							